

AGUA

2023 MR AGUA MLK Invitational
Saturday – Monday January 14th-16th, 2023

Sanction #230108

Invited Teams: MAKO, MPNY, QNS, Zeus (CT), MYM (NJ), ASTS (PVS)

2023 MR AGUA MLK Invitational

Saturday – Monday January 14-16, 2023

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc.
- LOCATION:** Asphalt Green AquaCenter—1750 York Ave. (Corner of 91st St. and York Ave.)
- FACILITY:** Eight (8) 25-yard lanes with minimum depth 6 ft. 7 in.
One (1) 20-yard lanes will be provided for continuous warm up/warm down.
The pool has **not** been certified in accordance with Article 104.2.2C(4).

Water depth on the start end of the pool is 7'2" at both 1-meter and 5-meters out.
Water depth on the turn end of the pool is 14'8" 5-meters out and 16'0" at 1-meter.
- SESSIONS:** Saturday 12 & Under - (8:00am warm up; 9:00am start)
Saturday Distance - (1:00pm warm up; 1:30pm start)
Saturday 13 & Over - (2:30pm warm up; 3:30pm start)

Sunday 12 & Under - (8:00am warm up; 9:00am start)
Sunday 13 & Over - (1:00pm warm up; 2:00pm start)

Monday 12 & Under - (8:00am warm up; 9:00am start)
Monday 13 & Over - (1:00pm warm up; 2:00pm start)
- FORMAT:** **All events are timed finals. Deck seeding will be used.**
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers accompanied by a coach. All swimmers participating in this meet must be registered by the first day of the meet. Age on **January 14** will determine age for the entire meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
- DISABILITY:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
- SWIMMERS:** The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Swimmers will be limited to three (3) events per day. Entries are limited And will be on a first come, first served basis. Entries should be submitted in Hy-Tek Meet Manager form.**

Host Club may waive meet entry fees & facility surcharge for registered outreach swimmers. Coaches should contact meet director and identify registered swimmers whom they wish considered for waiver of fees when submitting meet entries.

Email entries/Confirm entry receipt: dpimer@asphaltgreen.org

U.S. Mail Entries/Payment to:

Asphalt Green
Attn: David Rodriguez
555 E. 90th St., New York, NY 10128

DEADLINE: The final entry deadline for this meet is **January 6, 2023**. Entries received between **December 1, 2022** and **January 6, 2023** and all entries from other LSCs will be entered in the order they were received, as space allows. Teams not invited but wishing to attend may contact the meet director.

An entry receipt confirmation will be emailed if you provide an email contact. **Please contact the Entry Contact if you do not receive such a report within two days of your original email.**

ENTRY FEE: There is a **\$20.00** surcharge per athlete. The entry fee is **\$10.00** per individual event. Make check payable to: [Asphalt Green](#).

Payment must be received by **January 14, 2023** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UP: General warm-up with feet-first entry only. Doors for all coaches, athletes and spectators will open **30 minutes** prior to warm-up. Sprint Lanes will be designated 10 minutes prior to the start of the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: Ribbons for 12 & under athletes (1st—8th place). All awards will be distributed to coaches only at the end of the meet. No individual awards will be distributed. Awards will not be mailed or forwarded.

OFFICIALS: Meet Referee: Rachel Skaistis, rskaitis@cravath.com

Officials wishing to volunteer should contact the Meet Referee. All teams are strongly encouraged to provide one official.

Admin Official: Diana Pimer, dpimer@asphaltgreen.org

MEET DIRECTOR: Diana Pimer, dpimer@asphaltgreen.org

MAAPP: All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is condition of participation in the conduct of this competitions.

RULES: The current USA Swimming Rules and Regulations will apply. **The USA Swimming Code of Conduct is in effect for the duration of the meet.** The overhead start procedure may be used at the discretion of the Meet Referee. Meet Director has discretion to modify meet format to comply with USA Swimming timeline rules.

SAFETY: Metropolitan safety and warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement.

LOCKER ROOMS: Swimmers are permitted to use the Guest or Family Locker Rooms Only. The Second-Floor Restrooms will be designated 18 and over bathrooms.

DECK CHANGING: Deck changes are prohibited.

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against AGUA, Asphalt Green, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to covid-19 and forever release and hold harmless AGUA, asphalt green, metropolitan swimming inc., USA swimming inc., and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection with exposure, infection, and/or spread of covid-19 related to participation in this competition.

AUDIO/VISUAL: The use of audio or visual recording devices, including a cell phone or tablet device is not permitted in changing areas, restrooms or locker rooms or behind the blocks.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

PHOTOGRAPHY: Any photographer or videographer, who intends to take pictures at a Metropolitan Swimming Sanctioned meet, must complete and submit a [Photographer Registration Form](#) to the Meet Director before commencing Activity. Forms are available on the Metropolitan Swimming website as Well as from the Meet Director.

ADMISSIONS: *There will be no spectators. The meet will have a live webcast. Heat sheets will be available on the Meet Mobile app.*

MERCHANTS: No food or glass bottles will be allowed on the pool deck or in the spectator area.

PARKING: The following garages are available for parking during the meet:

- **The Hamilton**—1735 York Ave. (90th St. between York Ave. & First Ave)
- **The Andover**—1675 York Ave. (York Ave. between 88th St. & 89th St.)

DIRECTIONS: From the North or South take the FDR Drive 96th Street exit. Proceed through lights heading downtown to light at 92nd St. & York Ave. intersection. Pool is located on the left at the following intersection at 91st St. & York

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SATURDAY, JANUARY 14, 2023

SESSION 1 8:00 Warm Up; 9:00 Start				SESSION 3 2:30 Warm Up; 3:30 Start			
F			M	F			M
1	9-12	200 IM	2	13	13 & Over	200 IM	14
3	12 & U	50 Free	4	15	13 & Over	50 Free	16
5	9-12	100 Back	6	17	13 & Over	200 Breast	18
7	12 & U	50 Fly	8				
9	10-12	200 Breast	10				
SESSION 2 1:00 Warm Up; 1:30 Start							
11	11 & O	1000 Free	12				

SUNDAY, JANUARY 15, 2023

SESSION 4 8:00 Warm Up; 9:00 Start				SESSION 5 1:00 Warm Up; 2:00 Start			
F			M	F			M
19	9-12	100 Fly	20	29	13 & Over	100 Fly	30
21	10-12	200 Back	22	31	13 & Over	200 Back	32
23	12 & U	50 Breast	24	33	13 & Over	100 Free	34
25	12 & U	100 Free	26	35	13 & Over	500 Free	36
27	9-12	500 Free	28				

MONDAY, JANUARY 16, 2023

SESSION 6 8:00 Warm Up; 9:00 Start				SESSION 7 1:00 Warm Up; 2:00 Start			
F			M	F			M
37	10-12	200 Fly	38	47	13 & Over	200 Fly	48
39	12 & U	100 IM	40	49	13 & Over	100 Back	50
41	12 & U	50 Back	42	51	13 & Over	100 Breast	52
43	9-12	100 Breast	44	53	13 & Over	200 Free	54
45	9-12	200 Free	46				

****Events #11, #12, #27, #28, #35 and #36 may be limited****